

## Other Resources

### **International Lactation Consultant Association (ILCA)**

Web Site: <http://www.ilca.org>

### **United States Lactation Consultant Association**

<http://www.uslca.org>

### **Ohio Lactation Consultant Association (OLCA)**

<http://www.ohio-olca.org>

### **La Leche League International**

<http://www.llli.org>

24 hour USA LLL helpline: 1-877-4LALECHE

Toledo and Northwest Ohio and Southeast Michigan Groups: 419-251-2120

### **United States Breastfeeding Committee**

<http://www.usbreastfeeding.org>

Resources include a Toolkit for Implementing the Joint Commission's Perinatal Care Core Measure on Exclusive Breastmilk Feeding

### **U.S. Dept. of Health and Human Services**

<http://www.womenshealth.gov/pub/bf.cfm>

### **Centers for Disease Control and Prevention**

<http://www.cdc.gov>

### **American Academy of Pediatrics**

<http://www.aap.org/healthtopics/breastfeeding.cfm>

### **Academy of Breastfeeding Medicine**

<http://www.bfmed.org>

### **Stanford School of Medicine**

<http://newborns.stanford.edu/breastfeeding/>

### **Breastfeeding and Drugs Information**

Thomas Hale, PhD, RPh (806) 354-5529 [www.ibreastfeeding.com](http://www.ibreastfeeding.com)

Infant Risk Center: <http://www.ttuhscc.edu/infantrisk>

Ruth Lawrence Lactation Study Center (585) 275-0088

LactMed Drugs and Lactation Database: <http://toxnet.nlm.nih.gov>