

■DESCRIPTION

The S.T.A.B.L.E. program is a commercially available program for nursing, medical, and respiratory care staff who may provide or direct the care of unstable sick newborns. The purpose of the program is to provide concise guidelines for the stabilization of sick newborns. The mnemonic S.T.A.B.L.E. is meant to help participants remember important components to stabilization: Sugar, Temperature, Artificial Breathing, Blood Pressure, Lab Work, and Emotional support. This program complements the Neonatal Resuscitation Program (*aap.org*).

This S.T.A.B.L.E. program involves one day of lectures and provides caregivers who primarily care for well newborns a way to organize care when unexpectedly faced with a sick newborn. General information about the S.T.A.B.L.E. program can be found at www.stableprogram.org.

A pretest will be mailed to you for completion prior to the program. Post tests for each session are part of the program. Those who pass the tests will be mailed an official card from the S.T.A.B.L.E. program.

Participants who have completed the program more than two years ago are welcome and encouraged to attend again and are eligible for the contact hour award.

■LOCATION

For directions to the Education Center go to www.perinatalconsortium.org and select the link to The Toledo Hospital or call 419-291-4000. Room G is in the basement level of the Education Center, which is located between the Jobst and Harris McIntosh Towers on Hughes Drive on the north side of the hospital campus. Use Entrance #5 and park in the visitors area of the parking garage or you may valet park.

■PLANNING COMMITTEE

Liz Bates, MSN, RN
Tricia Corns-Schemenauer, RN
Kelli Gross, RN
Kathy Justus, NNP-BC
Debbie Thompson, RNC, BSN
Karen Rohrs, RNC-NIC, MSN
Debbie Fritz, RNC, MSN

■QUESTIONS

Regional Perinatal Education
Debbie Fritz, RNC, MSN, program coordinator
419-291-4646
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■CREDITS

ProMedica Health System (OH-069/4-1-12) is an approved provider of continuing nursing education by the Ohio Nurses Association (OBN-001-91), an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This program has been awarded **6.5** contact hours.

■REGISTRATION

Participants must find and/or purchase a 5th edition textbook for the course. Go to <http://www.stableprogram.org> to order a textbook. The cost is \$41.95 plus shipping.

Once you register, a pretest (7.0 edition) will be e-mailed to you. Bring it with you to the conference. You will also need a calculator for use during two sessions.

For staff of Consortium member hospitals, the course fee is \$25, \$75 for non-member hospitals, when postmarked on or before **July 6, 2011**, if postmarked after **July 6, 2011** the fee is \$30/\$80. The fee includes morning and afternoon refreshments, and continuing education credit. **The fee DOES NOT INCLUDE the required textbook which you must purchase on your own.** Lunch is on your own.

Stabilizing Newborns the S.T.A.B.L.E. Way

Wednesday, July 20, 2011

Education Center Room G
(Entrance #5)

The Toledo Hospital
2109 Hughes Drive, Toledo 43606

Offered by:

Perinatal Region III+ Education Consortium

This program is an educational event co-provided by ProMedica Health System and the Region III+ Perinatal Education Consortium.

www.perinatalconsortium.org



The Region III+ Perinatal Education Consortium is a collaborative effort of perinatal professionals at member hospitals in Region III+. The mission of the Consortium is to enhance the quality and quantity of basic orientation and continuing education resources available to the perinatal staff of member hospitals.

AGENDA

**7:30 a.m. Registration/Conference
Breakfast/Turn in Pretests**

8:00 a.m. Introduction

Moderator: Tricia Corns-Schemenauer, RN
Staff Nurse NICU
Toledo Children's Hospital

8:15 a.m. Sugar & Safety: Reasons why infants become hypoglycemic, S/S and lab tests for hypoglycemia, indications and dosage for IV glucose, use of umbilical catheters.

Objective: Explain the identification and treatment for hypoglycemia.

Cindy Killion, RNC-NIC, C-NPT
Transport Supervisor
Toledo Children's Hospital

9:15 a.m. Break

9:30 a.m. Temperature: The detrimental effects of cold stress, risk factors for hypothermia, ways infants lose body heat and how to prevent this, how to warm a severely hypothermic infant. **Objective: Describe how to prevent and treat cold stress.**

Cindy Killion, RNC-NIC, C-NPT
Transport Supervisor
Toledo Children's Hospital

10:30 a.m. Break

10:45 a.m. Airway: Evaluation of respiratory distress, indications for positive pressure ventilation with bag and mask or endotracheal intubation, blood gas evaluation, chest x-ray interpretation, pneumothorax.

Objective: Outline interventions for respiratory distress.

Howard Stein, MD
Neonatologist
Toledo Children's Hospital

12:30 p.m. Lunch (on your own)

1:30 p.m. Blood Pressure: S/S of shock in newborns, hypovolemic shock, cardiogenic shock, septic shock. **Objective: Describe the treatment for shock.**

Liz Bates, MSN, RN
Director, Neonatal Intensive Care Unit
Toledo Children's Hospital

2:15 p.m. Break

2:25 p.m. Lab Work: Basic lab work important for an unstable newborn, clinical signs of sepsis, how to calculate the absolute neutrophil count and immature to total ratio, interpretation of the CBC, standard antibiotic treatment for suspected sepsis. **Objective: Interpret CBC results.* *Calculator needed**

Debbie Thompson, RNC, BSN
Staff Nurse, NICU
Toledo Children's Hospital

3:20 p.m. Break

3:25 p.m. Emotional Support: Description of parental responses to the crisis of a sick newborn, ways caregivers can support parents of sick newborns. **Objective: Discuss the effects of the need for neonatal intensive care on the family.**

Pamela Maddux, RNC, BSN
Patient Care Supervisor, NICU
Toledo Children's Hospital

4:00-4:25 p.m. Post Test and Test Retakes

4:25-4:30 p.m. Evaluation and Adjourn

S.T.A.B.L.E.

Wednesday, July 20, 2011
Help us plan ... REGISTER EARLY

Name: _____ Title: _____
(please print)

Position: _____

Employer: _____

Mailing address: _____

City, State, Zip: _____
Is this Business or Home?

Business Phone: _____

Home Phone: _____

E-Mail: _____

Registration Fee:

Postmarked on or before **7/6/11:**

\$25 staff of member hospitals, \$75 all others

Postmarked after **7/6/11:**

\$30 staff of member hospitals, \$80 all others

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Consortium Points to be used? _____

Approved by _____

Check enclosed (to The Toledo Hospital)

Master Card Visa

Card Number: _____

Exp. Date: _____ Amount: _____

Authorizing Signature: _____

Fax/Phone with credit card info:

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Mail: Regional Perinatal Education

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